

I am the  
living  
bread  
that came  
down from  
heaven.  
Whoever eats  
of this bread  
will live  
forever.

John 6:51, NRSV



**Our Savior's Lutheran Church- ELCA  
Melo Lutheran Church- ELCA**

Mission Statement of Our Savior's Lutheran Church

*Our Savior's Lutheran Church is a community of believers in Jesus Christ who are willing to take risks to serve and worship God. We exist to inspire each other in reaching out to others in God's love through worship, youth ministry, ecumenical cooperation and stewardship of all our resources.*

# *Our Savior's and Melo Lutheran Churches*

*Warren and Rural Angus, Minnesota*

*Pastor David Peterson*

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11th Sunday of Pentecost

16 August 2009

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*Wisdom prepares a feast, sets her table, and invites all to come and eat her bread and drink her wine. The first chapter of John's gospel owes much to the biblical tradition that imagined Wisdom as existing before anything was created and having a role in the work of creation. Christ, the wisdom of God (1 Cor. 1:24), today invites us to eat his flesh and drink his blood. John's gospel includes no account of the institution of the Lord's supper, but here we can't help hearing Jesus' words as an invitation to the meal of bread and wine we share.*

## HOLY COMMUNION

**PRELUDE**

**DeeDee Carlson (Melo)  
Joan Peterson (OSL)**

**WELCOME AND ANNOUNCEMENTS**

**CONFESSION AND FORGIVENESS** *(Please stand if you are able)*

**ELW p 116**

**GATHERING HYMN** "Morning Has Broken"

**ELW # 556**

**PRAYER OF THE DAY**

**C: Ever-loving God, your Son gives himself as living bread for the life of the world. Fill us with such a knowledge of his presence that we may be strengthened and sustained by his risen life to serve you continually, through Jesus Christ, our Savior and Lord. Amen**

**HYMN**

**"A Mighty Fortress Is Our God"**

**ELW #504**

*Sit*

## WORD

**FIRST READING**

**Proverbs 9:1-6**

Wisdom has built her house, she has hewn her seven pillars. <sup>2</sup>She has slaughtered her animals, she has mixed her wine, she has also set her table. <sup>3</sup>She has sent out her servant-girls, she calls from the highest places in the town, <sup>4</sup>"You that are simple, turn in here!" To those without sense she says, <sup>5</sup>"Come, eat of my bread and drink of the wine I have mixed. <sup>6</sup>Lay aside immaturity, and live, and walk in the way of insight."

L: The Word of the Lord

**C: Thanks be to God**

**PSALM**

**Psalm 34:9-14**

Fear the LORD, you saints of the LORD, for those who fear the LORD lack nothing.

<sup>10</sup>**The lions are in want and suffer hunger, but those who seek the LORD lack nothing that is good.**

<sup>11</sup>Come, children, and listen to me; I will teach you reverence for the LORD.

<sup>12</sup>**Who among you takes pleasure in life and desires long life to enjoy prosperity?**

<sup>13</sup>Keep your tongue from evil and your lips from lying words.

<sup>14</sup>**Turn from evil and do good; seek peace and pursue it.**

**SECOND READING**

**Ephesians 5:15-20**

Be careful then how you live, not as unwise people but as wise, <sup>16</sup>making the most of the time, because the days are evil. <sup>17</sup>So do not be foolish, but understand what the will of the Lord is. <sup>18</sup>Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, <sup>9</sup>as you sing psalms and hymns and spiritual songs among yourselves, singing and making

melody to the Lord in your hearts, <sup>20</sup>giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

L: The word of the Lord

**C: Thanks be to God**

**GOSPEL ACCLAMATION** *(Please stand if you are able)*

**ELW p 205**

**THE GOSPEL**

**John 6:51-58**

[Jesus said,] "I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

<sup>52</sup>The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" <sup>53</sup>So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. <sup>54</sup>Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; <sup>55</sup>for my flesh is true food and my blood is true drink. <sup>56</sup>Those who eat my flesh and drink my blood abide in me, and I in them. <sup>57</sup>Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. <sup>58</sup>This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever."

P: The gospel of the Lord

**C: Praise to you, O Christ**

*Sit*

**SERMON**

**Pastor Dave**

**HYMN OF THE DAY** "As the Grains of Wheat"

**ELW # 465**

**NICENE CREED**

**We believe in one God,**

**the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,**

**the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.**

**through him all things were made.**

**For us and for our salvation**

**he came down from heaven;  
was incarnate of the Holy Spirit and the virgin Mary  
and became truly human.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven**

**and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,**

**and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
Who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen**

## **PRAYERS OF INTERCESSION**

### **SHARING OF THE PEACE**

**P:** The peace of the Lord be with you always.

**C:** **And also with you**

### **OFFERING** *(Sit)*

*(Please stand if you are able)*

**OFFERTORY**                      **“Praise and Thanksgiving”**

**ELW #689**

### **SERVICE OF HOLY COMMUNION**

*We celebrate communion with an open table. All are invited and welcome at the Lord's Table who are members of the body of Christ through Baptism, have confessed their sin, trust that Jesus is truly present in the bread and wine, and believe that to receive him is to receive forgiveness. Children not having received instruction are invited to come forward for a blessing. Grape juice is available upon request.*

### **THE GREAT THANKSGIVING**

**ELW p 206**

### **WORDS OF INSTITUTION**

#### **THE LORD'S PRAYER**

**Our Father, who art in heaven, hallowed be thy name,  
thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses, as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power, and the glory, forever and ever. Amen**

#### **INVITATION TO COMMUNION**

**P:** Jesus said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

**C:** **Thanks be to God.**

#### **AGNUS DEI**

**ELW p 208**

**COMMUNION HYMNS**            **“Soul, Adorn Yourself with Gladness”**  
**“Let Us Break Bread Together”**

**ELW #488**

**ELW #471**

#### **COMMUNION BLESSING**

**P:** The body and blood of our Lord Jesus Christ strengthen you and keep you in his grace

**C:** **Amen.**

#### **POST COMMUNION PRAYER**

**P:** Gracious God, in this meal you have rained down the true bread from heaven, the body

and blood of your beloved Son. So by his promise bring us to abide in him, and he in us; through Jesus Christ our Lord.

**C: Amen.**

### **BLESSING**

P: Know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God. Almighty God, Father, + Son, and Holy Spirit, bless you now and forever.

**C: Amen.**

### **SENDING HYMN**

**“Jesus Calls Us; o’er the Tumult”**

**ELW # 696**

### **DISMISSAL**

P: Go in peace. Serve the Lord.

**C: Thanks be to God.**

### **POSTLUDE**

**DeeDee Carlson(Melo)**

**Joan Peterson (OSL)**

**Sunday, August 16, 2009**

**TIME AFTER PENTECOST—LECTIONARY 20**

### **Flesh and Blood**

Jesus is teaching in Capernaum. The disputing crowd in the earlier part of John 6 is replaced by people like us, curious and wanting to learn what this rabbi has to say. He tells us that we must eat his flesh and drink his blood to have eternal life, to be connected with God in the same way he is. This will be startling to the disciples and other hearers.

A young man was curious about Christianity. He went to his fiancée's pastor to learn about Jesus. During one of their last sessions, he observed holy communion. Afterward, he was alarmed, "Isn't that like cannibalism? Eating a person's flesh and blood?" The pastor explained that Jesus is calling us to accept him completely, to receive eternal life through him.

John wrote his gospel at a time when a lot of people thought that Jesus may have been only a spiritual being, not fully human, flesh and blood. We may sometimes slip into that kind of thinking as well. "Jesus is a nice person; Jesus was God and not like us; Jesus didn't experience what all humans experience." Our gospel reading today calls those ideas into question. John wanted us to see that Jesus gave all of himself for us, in his life and in his death.

When we receive holy communion, it appears to be simply bread and wine. But Jesus reminds us that what we are integrating into ourselves is *him*, flesh and body and spirit. Our very cells are changed by the presence of the bread and wine—the body and blood of Christ. It's a mystery how it happens that bread and wine become the very flesh and blood of Jesus, but it is true. We are in awe of the miracle that Jesus becomes part of us as the bread of life.

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Sunday Worship Times:  
OSL 9:00am  
Melo 10:30 am

**Participants for Today's Worship, August 16**

Acolyte: Jon O'Keefe and Justin Haugtvedt  
Ushers: David Duckstad and Mike Roggenbuck  
Lector: Nathan Roggenbuck  
Nursery: Please attend your own children  
Coffee Hosts: Bev Duckstad  
Communion Servers:  
Melo Custodian: Robert Hamrick

August 9	
<u>Attendance</u>	<u>Offering</u>
40	\$1,395.00

**Participants for Next Sunday's Worship, August 23**

Acolyte: Allyson Hebert  
Ushers: Mike and Cameron DuBore, Mike Roggenbuck  
Lector: Nathan Roggenbuck  
Nursery: Please attend your own children  
Coffee Hosts: Dorothy Johnson  
Melo Custodian: Steve Hamrick

**This week in the Parish**

Monday, August 17- Newsletter Deadline  
Tuesday, August 19- WELCA meeting 7:30pm  
Saturday, August 22- Kostrezewski Wedding at OSL  
Next Sunday, August 23- OSL Worship 9:00am  
Melo Worship 10:30am

**Prayer list**

**Those in need:** LaVerne Owens, Phyllis Stinar, Catie Blanchard, Joe Yeado, Jeanette Olson, Emilie Holland, Joel Flaten

**Those Who Mourn:** The Family of Ordean Christianson

## ANNOUNCEMENTS

### New this week

**Please sign your name in the pew registration folder and pass it to the person sitting next to you. Please list everyone in your family who is worshipping with us today.**

**F.R.O.G.S.** will begin on September 16<sup>th</sup> from 5:30-6:30pm and meet every Wednesday following at the Methodist church basement. All kids grades K-6<sup>th</sup> are welcome. Free faith fun for all kids! Stories, snacks, songs, crafts and games!

Zion Lutheran Church, Viking, will hold a Spaghetti Dinner on Sunday, August 23<sup>rd</sup> from 5-7pm. Free will offering. Proceeds to go to the handicap fund.

Would you attend a seminar to enhance your job or to increase your salary? Would you take additional courses to expand your knowledge, or go to a class to improve your cooking? Why not give your marriage the same attention? Attend a Lutheran Marriage Encounter Weekend and expand the potential of your relationship! Visit [www.godlovesmarriage.org](http://www.godlovesmarriage.org) or call 800-235-1010 for more information. The next weekends in MN are Oct. 16-18 in Duluth and Nov. 20-22 in Brooklyn Center.

There will be a WELCA meeting Wednesday, August 19<sup>th</sup> at 7:30pm at OSL.

Quilting Day- Tuesday, August 25<sup>th</sup> 1:00pm at OSL.

A theme is still needed for 125th!

**What is being sought is a theme to guide thoughts and preparations for this celebration (the theme for the centennial in 1985 was "On Our Way Rejoicing"). Any who have an idea for a theme are invited to submit it/them to the church office. The congregation will be asked to pick which on the three will be the theme for the celebration.**

***Please note the earlier date: the deadline for the September newsletter is Monday, August 17<sup>th</sup>.***